Ringvorlesung
«40 Jahre Ottawa Charta in der Schweiz – Gesundheitsförderung im Wandel»

Health Promotion in the Anthropocene:

How to advance planetary health in times of ecological collapse?

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Mit Unterstützung von:

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Begrüssung

Fachgruppe Gesundheitsförderung und Prävention, ca. 140 Mitglieder
Co-Leitung

Verena Biehl

Birgit Keller

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HSLU

VBGF/ARPS
Vereinigung der kantonalen Beauftragten für Gesundheitsförderung
Association des responsables cantonaux pour la promotion de la santé
Associazione dei responsabili cantonali per la promozione della salute

Schweizerische Eidgenossenschaft
Confédération suisse
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Health Promotion in the Anthropocene:

How to advance planetary health in times of ecological collapse?

PHUSE
Planetary Health
Education

Bea Albermann
project manager
PHUSE – Swiss Network for Planetary Health Education
Medical Faculty, University of Basel
October 27 2026 – 12:00-13:00 – Public Health Schweiz

About PHUSE: the Swiss Network for Planetary Health Education

Swiss TPH
Swiss Tropical and Public Health Institute
Schweizerisches Tropen- und Public Health-Institut

zh aw

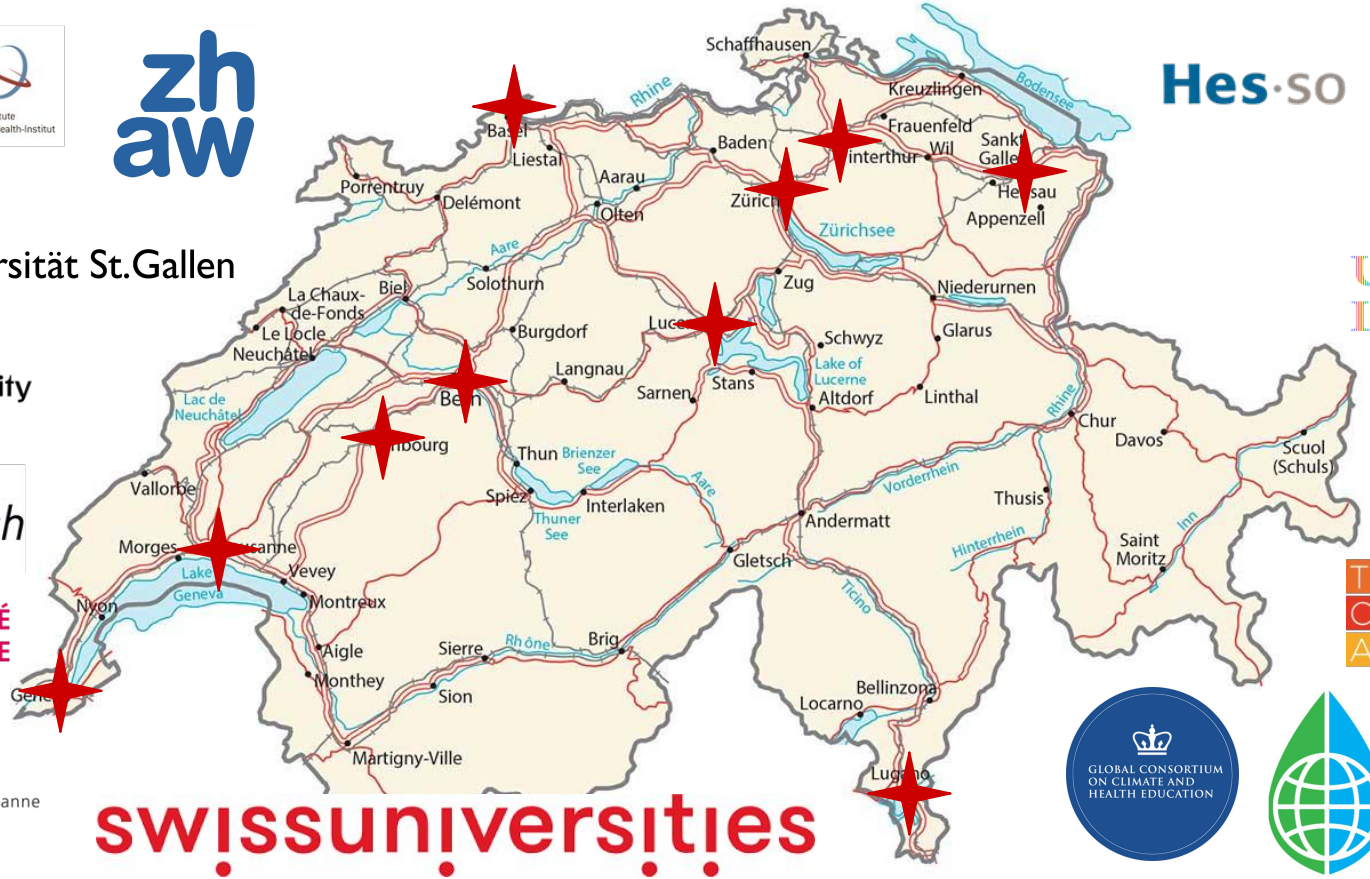
Universität St.Gallen

University of Basel

ETH zürich

UNIVERSITÉ DE GENÈVE

Unil
UNIL | Université de Lausanne



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UNIVERSITÄT LUZERN

international partner NGOs:

THE GLOBAL CLIMATE & HEALTH ALLIANCE

GLOBAL CONSORTIUM ON CLIMATE AND HEALTH EDUCATION

PLANETARY HEALTH ALLIANCE

Extreme heat

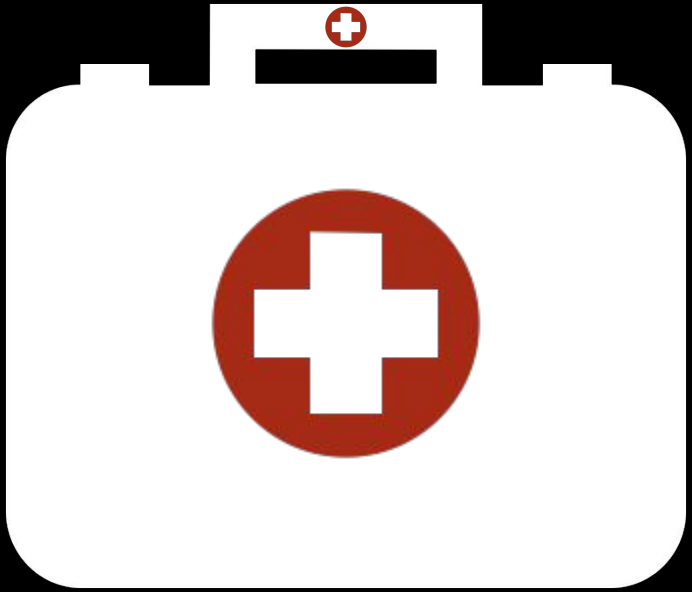
Heat killed ‘staggering’ 50,000 people in Europe’s cities this summer, scientists warn

People succumbed to heat at highest rates in Malta, Italy and Hungary, with health issues, loneliness and poverty exacerbating toll

Ajit Niranjan

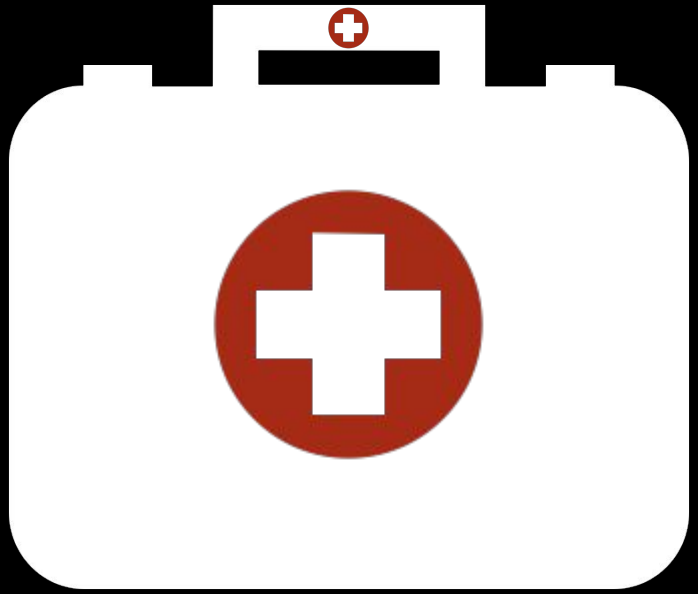
Fri 23 Oct 2026 06.01 CEST

source: The Guardian, 23.10.2026



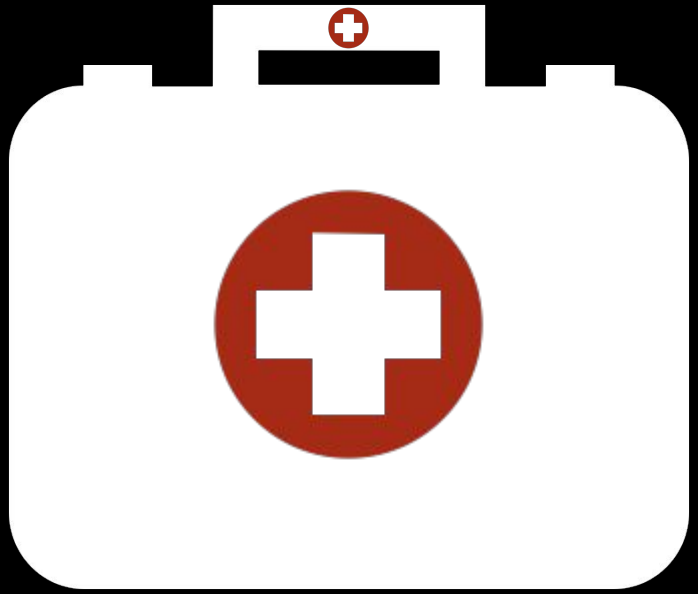
Climate change is the greatest global health **threat** facing the world in the 21st century

- Lancet Commission on Climate Change and Health, 2015

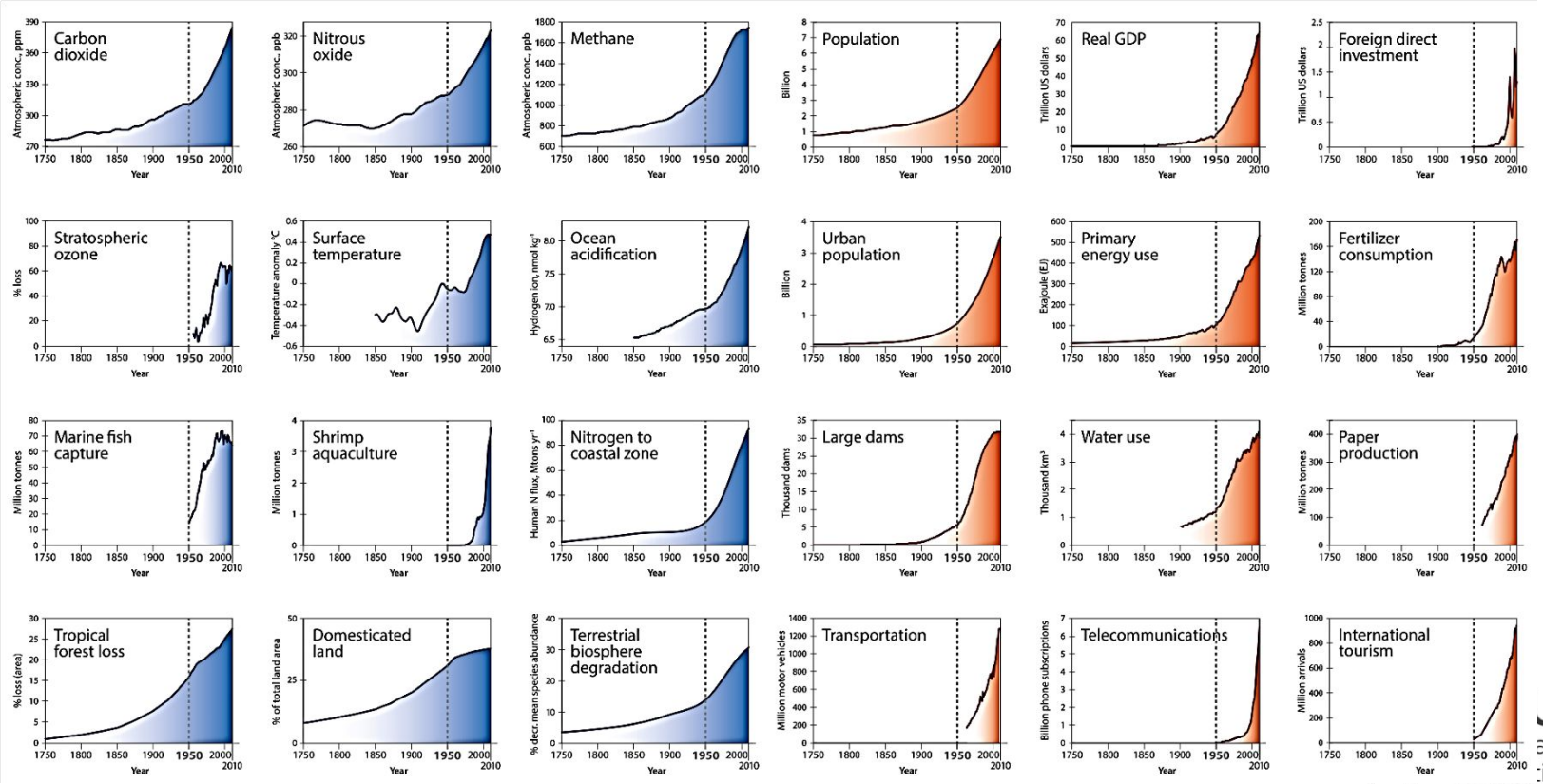


Climate change is the greatest global health **threat** facing the world in the 21st century but it is also the greatest **opportunity** to redefine the social and environmental determinants of health.

- Lancet Commission on Climate Change and Health, 2015

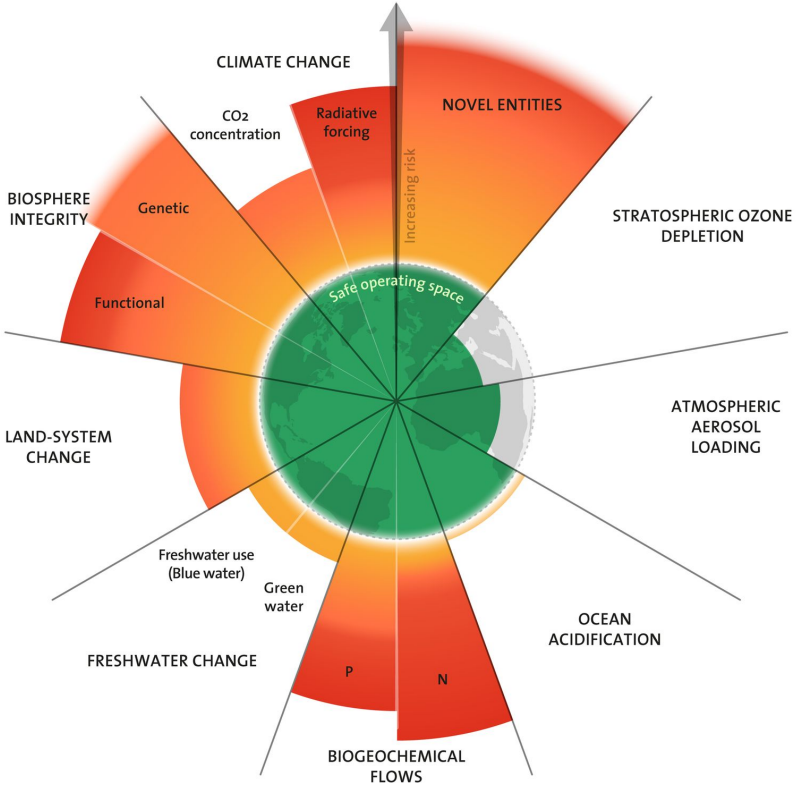


The Great Acceleration in the Anthropocene



source: futureearth.org, based on: Steffen et al. (2015)

7 out 9 planetary boundaries are now breached



source: Azote for Stockholm Resilience Centre, based on analysis in Sakschewski and Caesar et al. 2025

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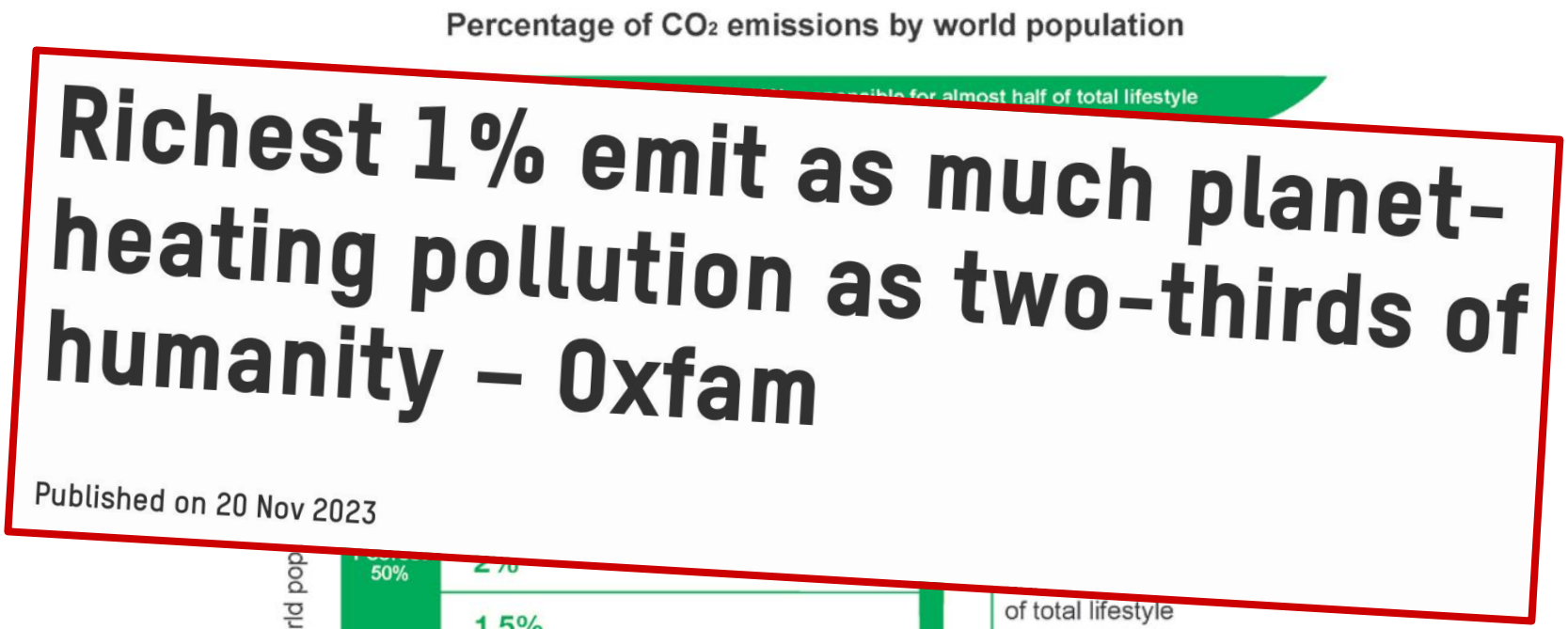
The richest percent of society are **particularly responsible**.



source: Oxfam, 2015

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How do you arrive here today?

Scan this:

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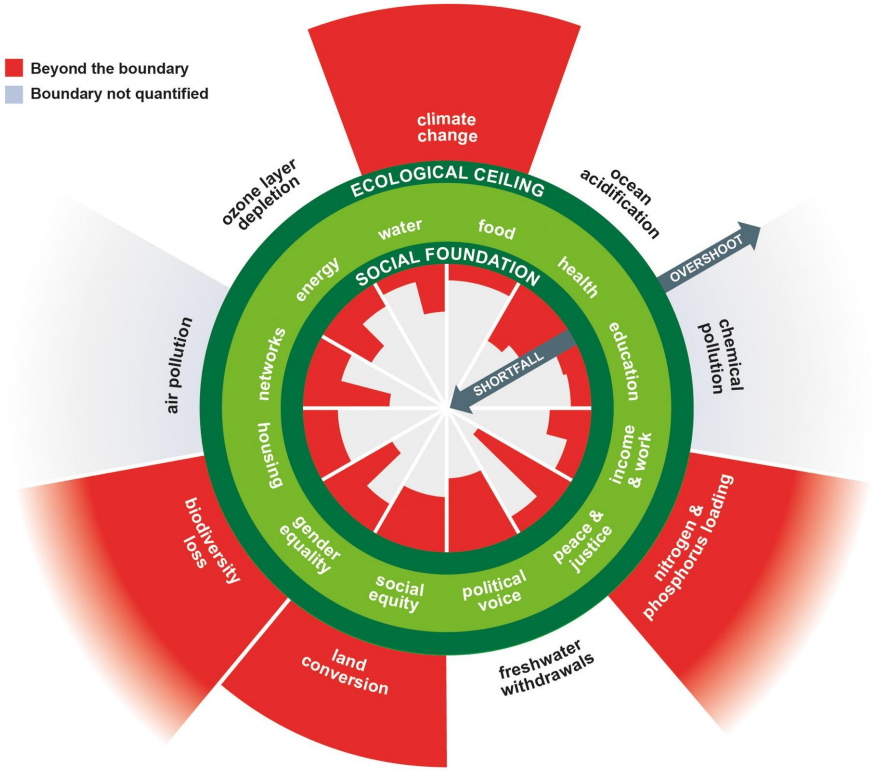
Socio-ecological transformation in the Anthropocene **and Capitalocene**



source: Kate Raworth and Christian Guthier/The Lancet Planetary Health, 2017

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Moving beyond Growth: Living well within limits

THE LANCET
Planetary Health

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REVIEW · Volume 9, Issue 1, E62-E78, January 2025 · *Open Access* · Download Full Issue

Post-growth: the science of wellbeing within planetary boundaries

Prof Giorgos Kallis, PhD [a,b] · Prof Jason Hickel, PhD [a,b,c] · Prof Daniel W O'Neill, PhD [d,e] · Prof Tim Jackson, PhD [f] · Prof Peter A Victor, PhD [g] · Kate Raworth, MSc [h] · et al. Show more

Wellbeing Economy Policy Design Guide

How to design economic policies that put the wellbeing of people and the planet first

Post Growth oriented Policies:

Replacing GDP, Universal Basic Income, Working-time reduction, Universal Basic Services, Job Guarantee, Maximum income, Wealth tax

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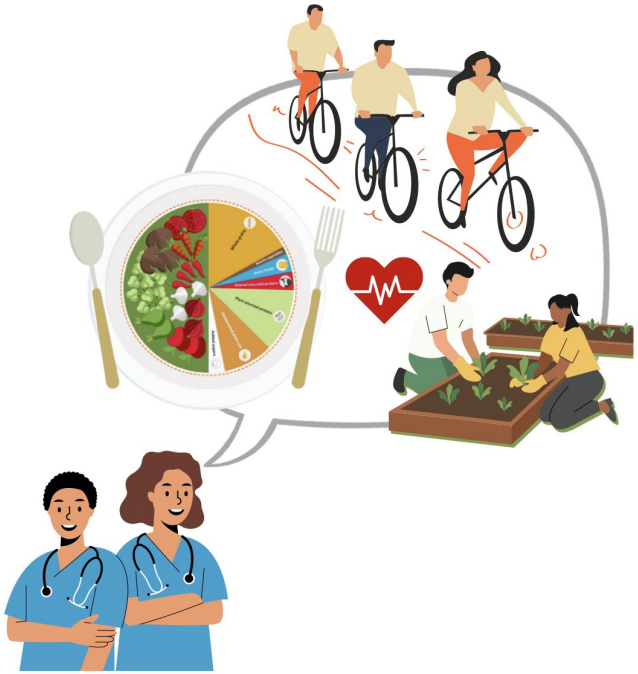
What’s the role of (public) health professionals in face of ecologic collapse?

Scan this:



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Transformative Action:

Reducing ecological footprint, but mainly

increasing handprint

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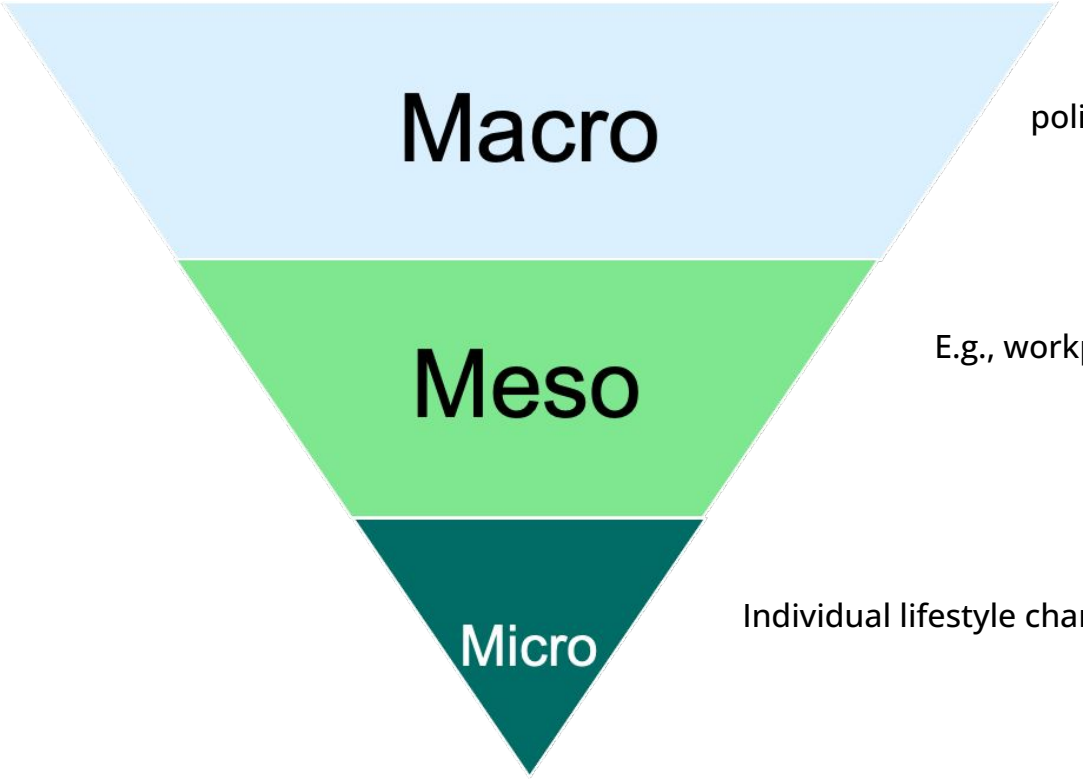
All levels are needed for transformative action



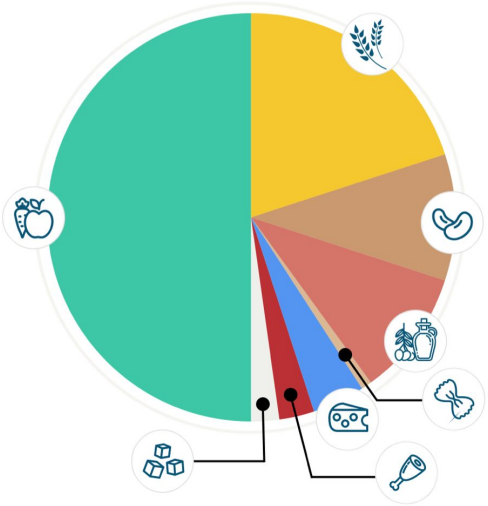
Society as a whole, national and regional politics, international level

E.g., workplace, local community, sports club, ...

Individual lifestyle changes

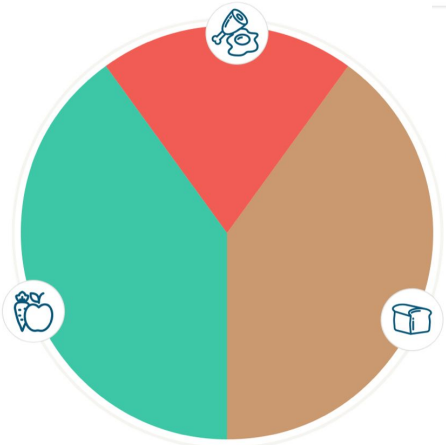
Examples of Transformative Action: the Planetary Health Diet

Ideal diet according to the EAT-Lancet commission



- Fruits & vegetables
- Whole grains
- Legumes
- Unsaturated fats
- Starchy vegetables
- Dairy products
- Animal proteins
- Added sugar

Ideal diet according to the Swiss Nutritional Society



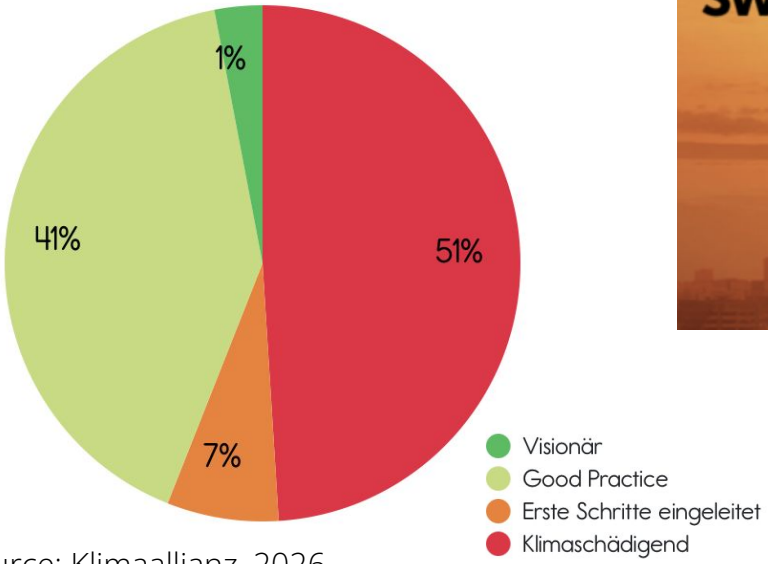
- Fruits & vegetables
- Protein foods
- Floury foods

source: [Revue Médicale Suisse](#) 2020

Pour voir notre vidéo :

Examples of Transformative Action: Divesting pension funds

Sustainability ranking of Swiss pensions funds:



source: Klimaallianz, 2026

7.692 von 8.000 Unterschriften

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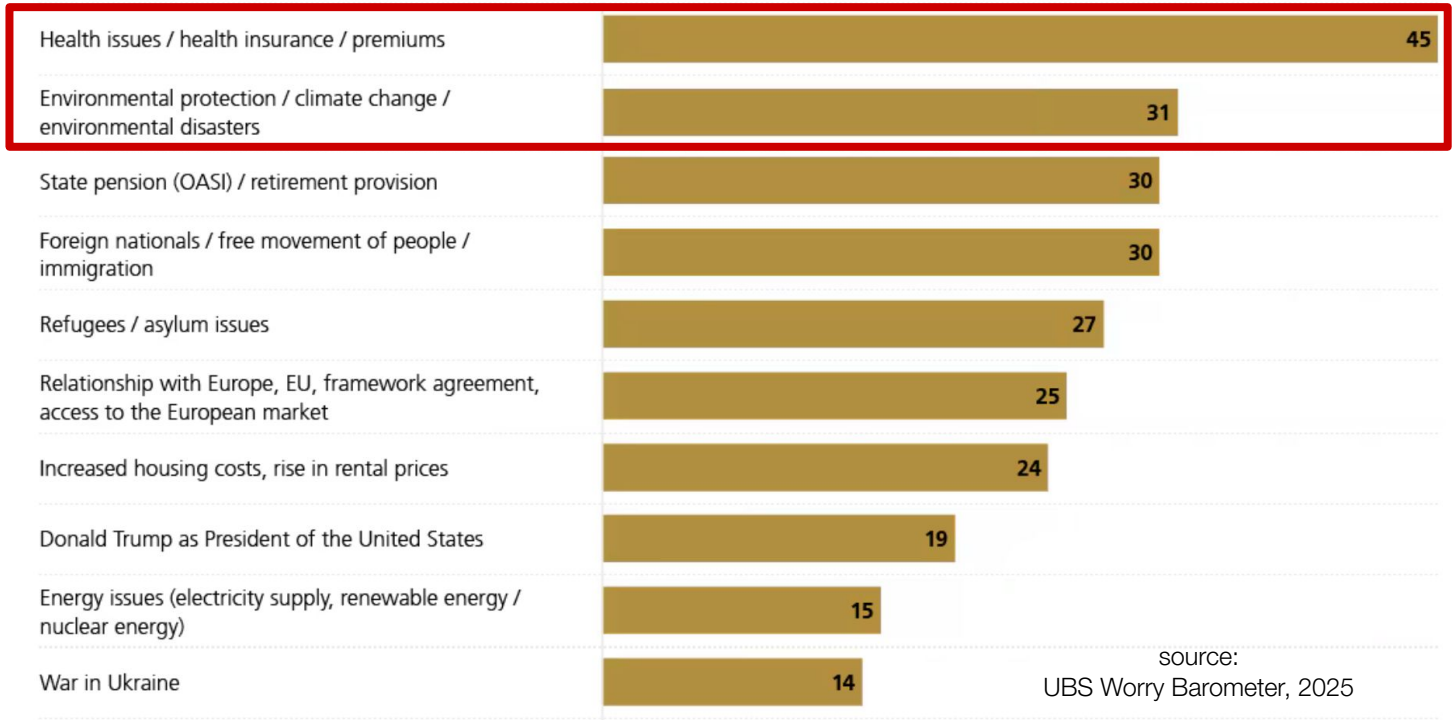
Swiss citizens care about health and the environment

in % of eligible voters, share of mentions
multiple entries possible

Top 10 concerns of Swiss citizens:



source:
UBS Worry Barometer, 2025

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Who would we have wished to me?
Wer möchten wir gewesen sein?
Qui aurions-nous voulu être?

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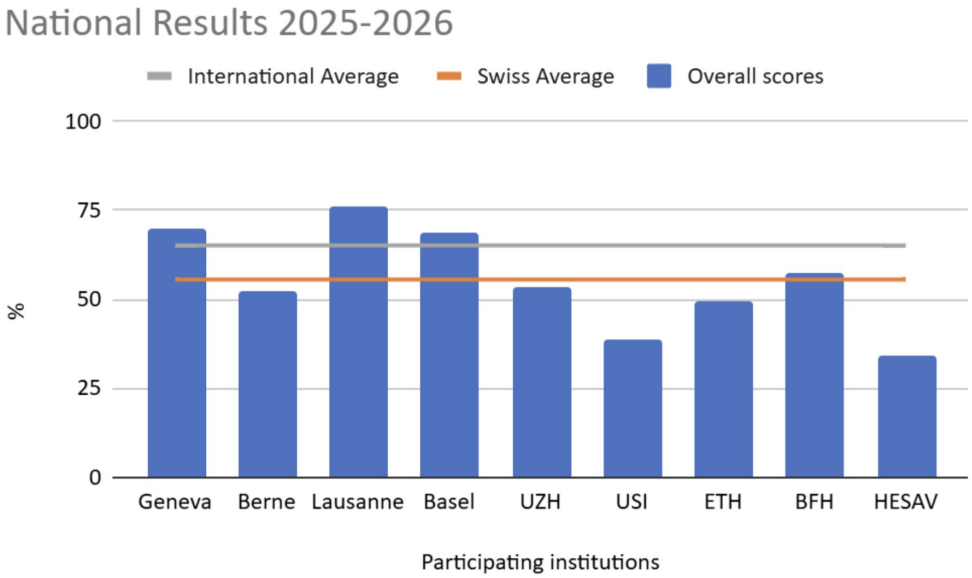
Status Quo: Overview on Planetary Health Education in Switzerland

2026 PLANETARY HEALTH REPORT CARD

SWITZERLAND

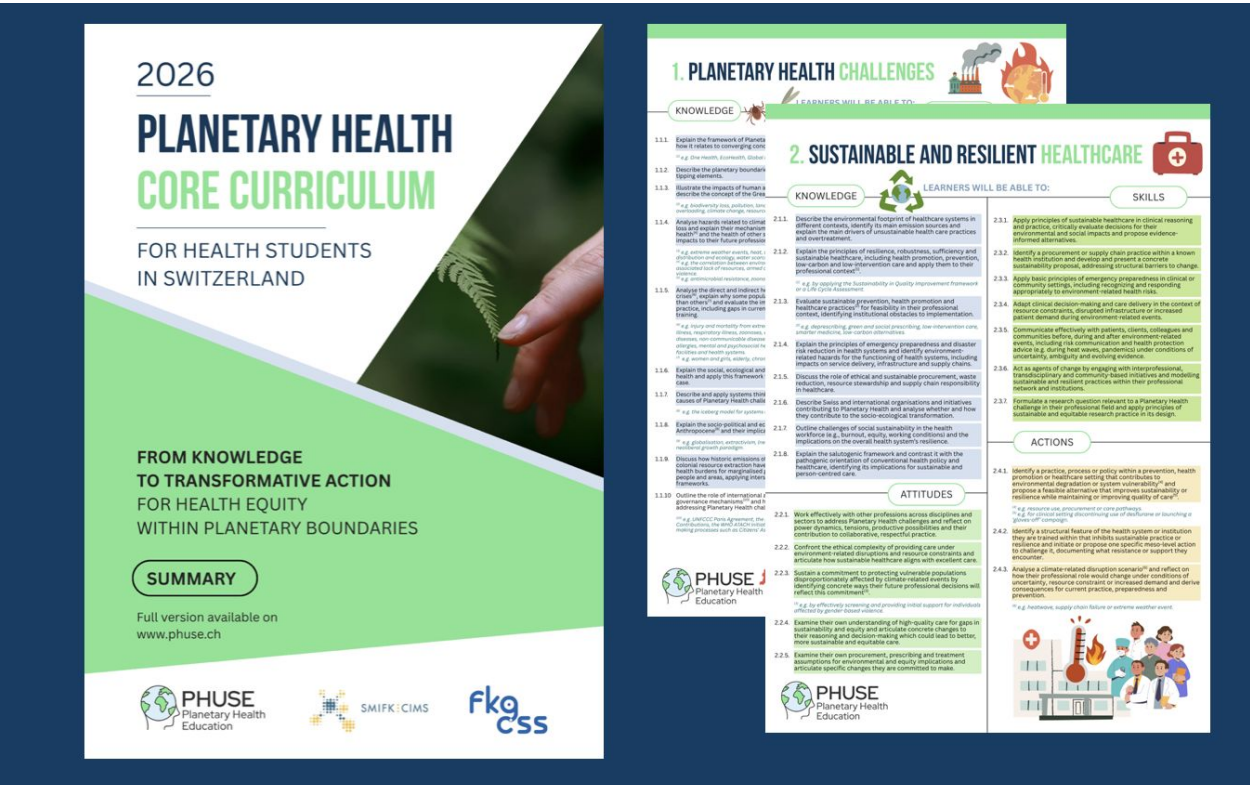
		Overall	Planetary Health Curriculum	Interdisciplinary Research	Community Outreach & Advocacy	Support for Student-led Initiatives	Campus Sustainability
1.	University of Lausanne	B+	A-	A	B	B	B
2.	University of Geneva	B	B	A	B	A-	C-
3.	University of Basel	B	A	C	C-	B	B
4.	Bern BFH Nursing Track	C+	C+	C+	C-	B-	B
5.	University of Zürich UZH	C	B+	B-	F	C-	C+
6.	University of Bern	C	B	C	F–	B	B-
7.	ETH Zürich	C	D+	C	C	C-	B
8.	Università della Svizzera italiana Faculty of Biomedical Science	D+	C-	C-	D+	D	C
9.	HESAV Physiotherapy Track	D	C	D+	F-	D	D+

Switzerland still lags behind the international average:



What we do: the Swiss Planetary Health Curriculum for Health Students

A **national, interdisciplinary, competency-based curriculum** with 81 learning outcomes:



- **based** on existing frameworks (CanMEDs, AMEE, etc.)
- **developed** with national & international experts
- **endorsed** by official bodies (Joint Commission of Swiss Medical Schools and Swiss Health Conference) for 11 health professions

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What we do: the Swiss Planetary Health Curriculum for Health Students

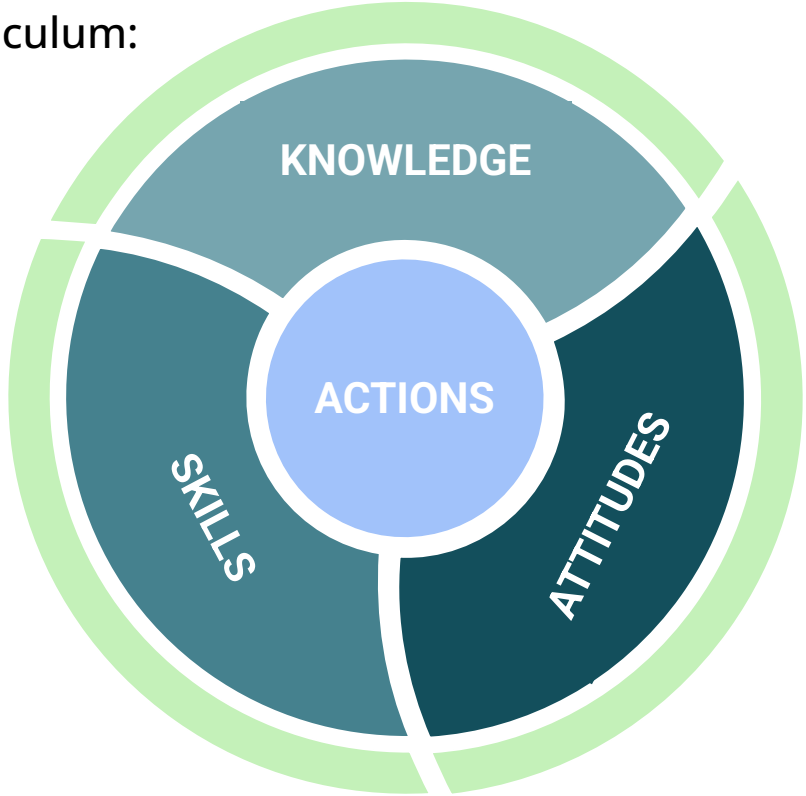
Health Promotion as integral part of the Curriculum:

01 Planetary Health Challenges

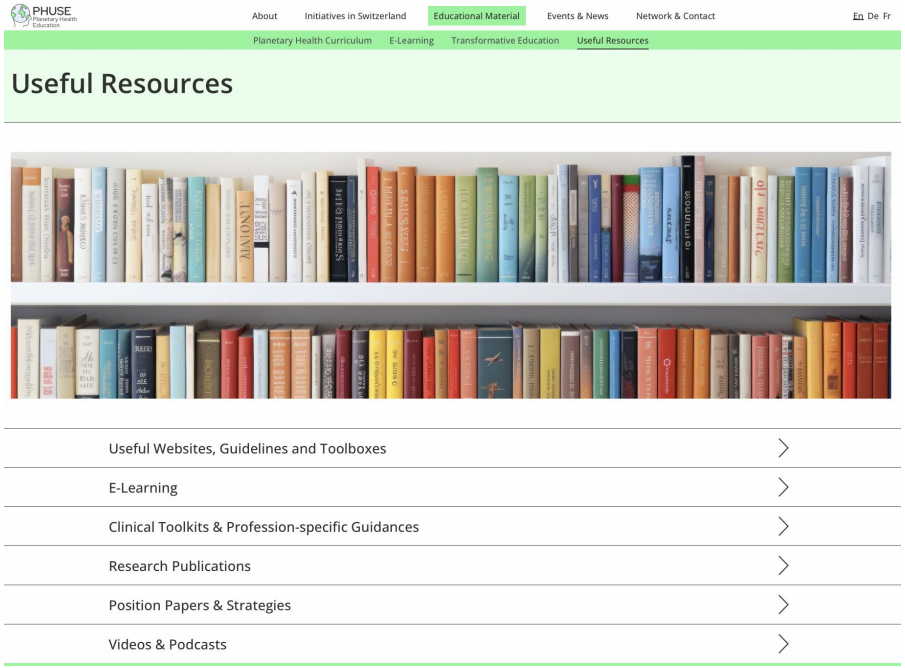
02 Sustainable and Resilient Healthcare

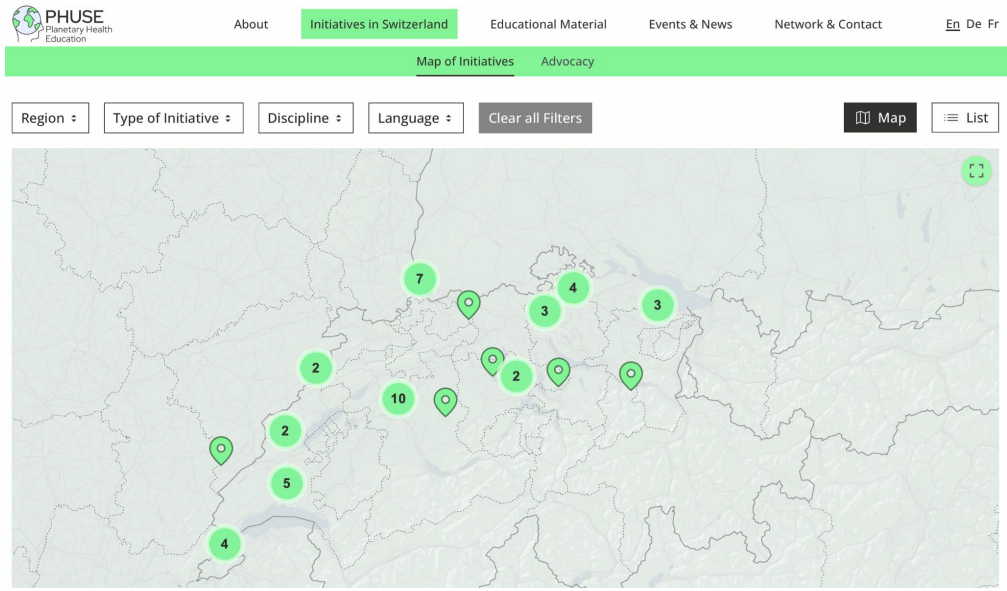
03 Co-Benefits, Health Promotion and Prevention

04 Planetary Health Advocacy and Action



What we do: Planetary Health toolbox & network of initiatives





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What we do: Faculty Development to support implementation

FIRST EDITION

PLANETARY HEALTH EDUCATION AMBASSADOR PROGRAMME

CERTIFICATE-BASED COURSE

PHUSE Planetary Health Education

funded by swissuniversities

free | 17 hours | english

3 ONLINE SESSIONS + 1 IN-PERSON DAY

- 28.10.2026, Wed, 2-4 pm – online session
- 09.11.2026, Mon, in-person day – in Bern
- 16.11.2026, Mon, 2-4 pm – online session
- 20.01.2027, Wed, 2-4 pm – online session

MORE INFOS:

PHUSE Planetary Health Education

4 ways how to engage – everyone is welcome!

1. Check out the
Planetary Health Curriculum:

3. Discover the
Planetary Health Resource Toolbox:

2. Subscribe to the
PHUSE Newsletter:

4. Join the next
PHUSE Network Meeting
(*online*):

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more infos on: www.phuse.ch

contact us at info@phuse.ch

The PHUSE team: we're growing!

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contact:
bea.albermann@unibas.ch
Swiss Network for Planetary Health Education
Medical Faculty – University of Basel

info@phuse.ch - www.phuse.ch

Digital
Health
Design
Living Lab

Gesundheit

«Von einzelnen Keimlingen zu einem fruchtbaren Ganzen»

Die Entwicklungen an der ZHAW

27. Oktober 2026 – Andrea Bärlocher & Lena Kuttler

Planetare Gesundheit

01 / BASIS

Planetare Grenzen

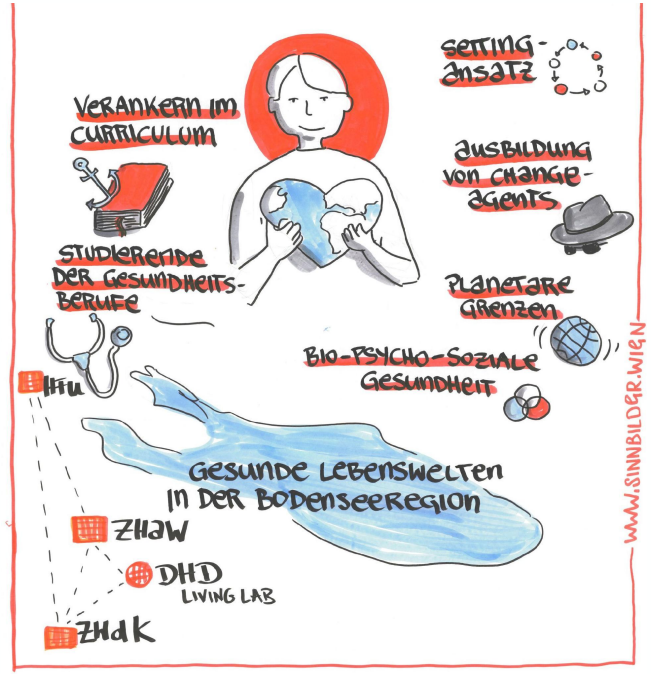
02 / ROLLE

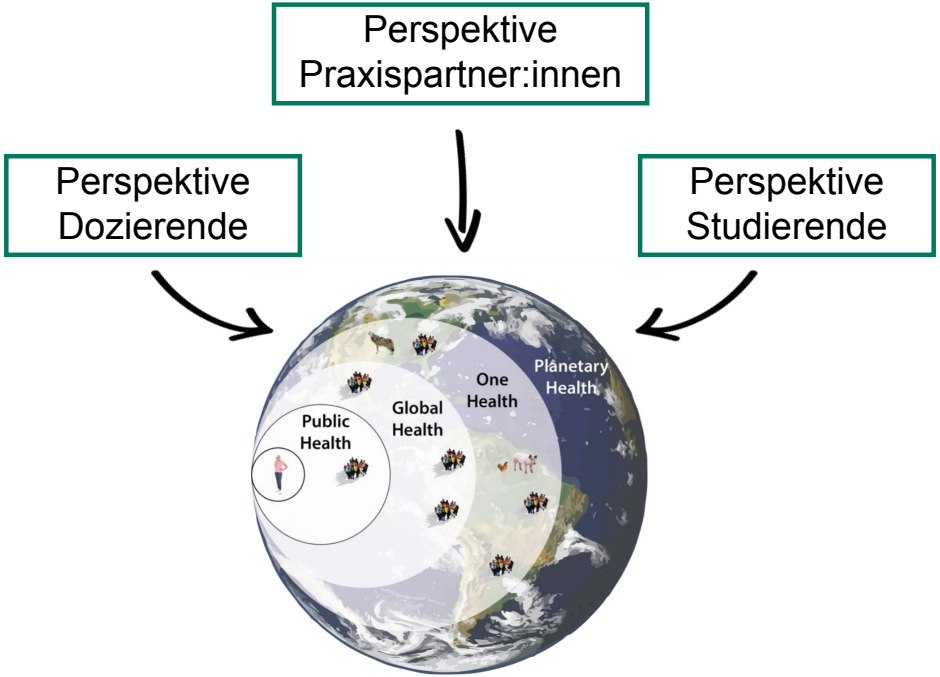
Change Agents

03 / AUFTRAG

Empowerment

Planetare Gesundheit mittels Setting Ansatz im Studium erlebbar machen





Von den Keimlingen zum Ganzen – nur wie?

(Kongress-) Workshops

Elemente in der Lehre

Lehrformate ausprobiert

Interviews

Projekte mit Studierenden GP

Interviews

Teach-the-Teacher

Interviews

Studierende: Alias Nachhaltigkeit

Lernangebote entwickelt & eingesetzt

Soundkarten

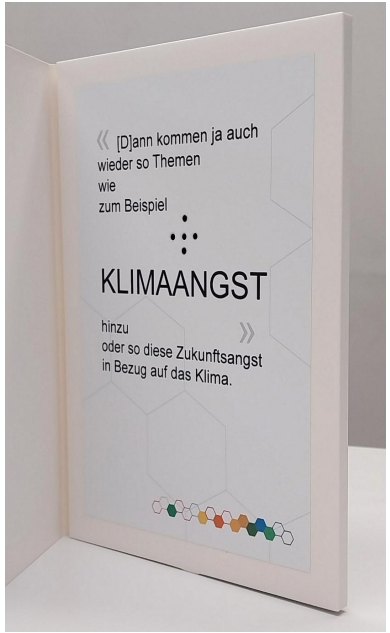
Mini-Projekte Studierende

Dozierende

Studierende

Praxispartner:innen

Soundkarten - Stimmen von Studierenden



Digitale Version der Soundkarten

Soundkarten - Stimmen von Studierenden

“

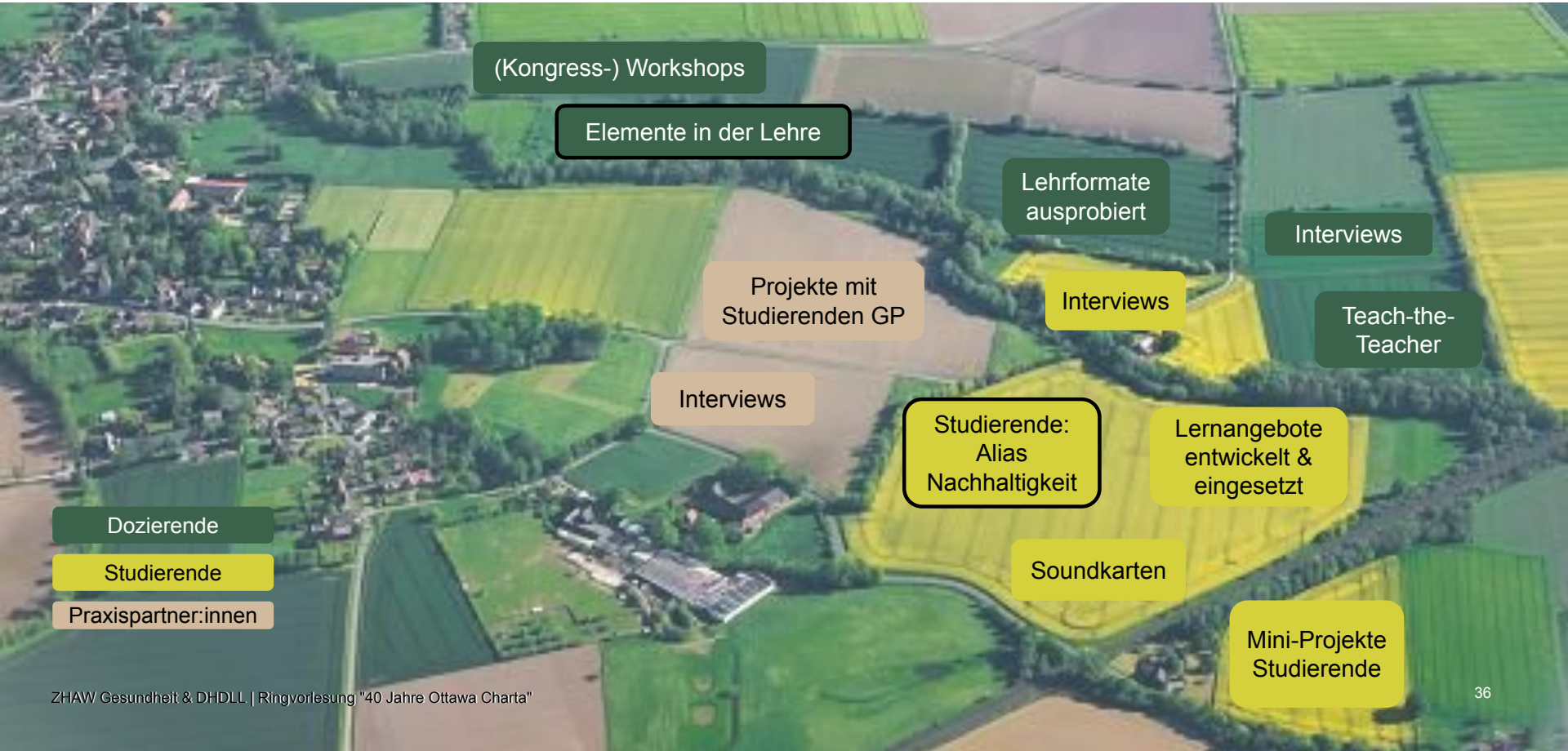
„[I]ch glaube, dass vor allem das ein Thema ist, dass wir generell mit **Menschen, mit Umwelt, mit dem Planeten … wieder in Beziehung treten** müssen.“

(P01: 281 - 284)

”

© Foto: Plastic Ocean, 2016, Tan Zi Xi

Von den Keimlingen zum Ganzen – nur wie?



Learnings aus dem Projekt

Co-Kreation & Kooperation

Empowerment

Kommunikation & Dialog

Verankerung

Interprofes -sionalität

Sichtbarkeit

Nach dem Projekt ist mitten in der Entwicklung – Transformation ist angestossen, Netzwerk wächst weiter

Aufbau AG
Planetare Gesundheit am Departement Gesundheit

Folgeprojekt GeKo-Win mit Klimafachstelle Winterthur

Planetare Gesundheit als Forschungs-schwerpunkt

Professur zu Globaler und Planetarer Gesundheit

Von einzelnen Keimlingen zu einem fruchtbaren Ganzen…

Kontakt

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Co-Leitung Arbeitsgruppe Planetare Gesundheit
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andrea.baerlocher@zhaw.ch

Lena Kuttler
Wissenschaftliche Assistentin
Institut für Public Health
Telefon: +41 58 934 78 76
lena.kuttler@zhaw.ch

Q&A:

What questions or thoughts do you have?

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What do you take away from this session?

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Programm Ringvorlesung 2026

Professionalisierung in der Gesundheitsförderung: Ausbildungswege im Wandel

Mittwoch, 25. November 2026

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groupe mutuel

40 Jahre Ottawa Charta zur Gesundheitsförderung

Gastherausgeberinnen:
Verena Biehl, Susanne Hartung, Petra Plunger, Dagmar Starke

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Webinar Ernährung
Ernährungssysteme auf dem Weg zu Nachhaltigkeit: Evidenz, Fortschritte und politische Handlungspfade
18. November 2026

Digital Health Literacy Symposium 2026
Digitale Gesundheitskompetenz und die Herausforderung des Vertrauens
10. Dezember 2026

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Devenez membre de Santé publique Suisse

Schön, waren Sie dabei!

Merci de votre participation !

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